

# **Celebrating Families!** Breaking the Cycle of Addiction

Celebrating Families!<sup>™</sup> (CF!) is a multi-family, strength-based, skill building program serving children ages 6 through 17, their parents, and caregivers. This evidence-based program offers 16 skill building educational sessions. Each session begins with a healthy meal eaten in family groups; followed by age-appropriate youth and adult skill building groups; and ends with a structured, related family activity.

**Objectives:** 

- Help children and families be healthy, responsible, and addiction free.
- Help break the cycle of addiction in families.
- Decrease participants' use of alcohol and other drugs by increasing their knowledge and use of healthy living skills.

## **Presented By**

CAHELP Team

#### Date

Tuesdays: August 17, 2021 - December 7, 2021 (no session November 23, 2021)

### Time

Training time 5:00 - 7:00 p.m.

## Location

**Desert Mountain Educational Service Center** 17800 Highway 18 Apple Valley, CA 92307



## Cost

\$0.00

### Audience

Parents, caregivers, guardians, and children ages 4 through 18.

#### Registration

Please register online at:

https://sbcss.k12oms.org/52-201132

Please contact Marysol Hurtado at (760) 955-3552 or by email: Marysol.Hurtado@cahelp.org if you need assistance.

## **Special Accommodations**

Please submit any special accommodation requests at least fifteen working days prior to the training by notating your request when registering.

## Get in Touch

Address : 17800 Highway 18, Apple Valley, CA 92307 Phone : (760) 955-3552

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